

Disruption Series
Sabbath
11/12/22
Newport News

Opening

-(participation) – what are some things that have disrupted your life...good things but still disruption?

-I have found that people are ill-prepared for how disruptive Jesus is in our lives...

>two image slides

>(back to quote slide)

Introduction

-Mark 10:17-27

- Jesus here is disrupting centuries of Jewish thought about salvation = “What must I do...?”
- Jesus gave this young man a gift, took him right to the dead end street he was on...gave him an impossible task on purpose!
- The question should be = “What has Jesus done?”

I am at one with God, rescued from myself, just as if I’m perfect, because Jesus paid it all!

-The idea of a weekly Sabbath is a disruption bomb that needs to be set off in your life!

All The Rest

-Hebrews 4

- **Paternal Rest**
- **Purpose Rest**

- **Perpetual Rest**

- **Physical Rest**

-Isaiah 58:13-14 (MSG)

Physical Rest

-9 Questions for selecting a Pastor? (joke about reference I call this week)

1. Worshipped other gods, actively participated in other religions.
2. Made idols in their garage, prayed to them, sold them, worshipped them.
3. Spoke with profanity, especially using God and Jesus as curse words.
4. Speak disrespectfully to their parents and speak of them publicly in derogatory ways.
5. Openly endorsed murder out of vengeance and anger as being appropriate.
6. Practiced an open marriage relationship with their spouse.
7. Dishonesty for personal gain is just a natural part of life.
8. Giving false testimony was okay because most people are guilty of something.
9. Envy your neighbors possessions is a great way to motivate yourself to get more stuff.

-then why don't we get upset when the Sabbath is violated!!!

-Exodus 20:8-11 (Shabath, Qadash, Nuach...they test our Sabbath...is it just a day off or is it a true Sabbath?)

- **Shabath - To repose, that is, desist from exertion...cease, celebrate...leave, put away (down), (make to) rest, rid, still, take away.**
- **Qadash - To be clean (ceremonially or morally): appoint, bid, consecrate, dedicate...hallow...holy...prepare, proclaim, purify, sanctify, sacred...**
- **Nuach - To rest, to be at rest, to settle down, to stay, to dwell...comfortable, convenient, easy going**

-What are you doing to restore a sense of sacredness for Rest in the world today?

Physical Rest Steps

-Karl Barth, "Let things take their course with particular freedom distinct from weekday practice to as much or as little as the day brings. The day should be free from compulsion..."

-Luke 6:1-11 (just reference...it's about rest NOT rules!!!)

-Mark 2:27/Ephesians 2:8 (consequence of rejecting God's gifts)

-Planning for the disruption!

1. Pray
2. Invest
3. Protect
4. Flexibility (Lord's Day vs. Sabbath Day)
5. Family
6. Others
7. Grace (addicted to adrenalin)
8. Rest (one reason why Saturday church is SO important here!)

Band

-Genesis 2:1-3...other days God said it was good, sixth day very good, but on the seventh day, He blessed it! How many of you here are missing some of the blessing of God over your life because you won't enter the Sabbath to find it?

-preach...

Close

-in the moment...