

**Enter In Series**  
**To His Rhythm, Part Two**  
**11/23/24**  
**Newport News**

**Opening**

-(talk about series)

-God wants to use your life to spell **Jesus** to the world...

-participation moment:

**What is something that feels second nature to you now but at first felt awkward?**

**Introduction**

**-People struggle just as much with Jesus' demands for change in life rhythms as His demands for change for moral excellence.**

-(explain)

**-Luke 14:16-24** (parable of the feast)

**-Luke 9:57-62** (excuses for not following)

**-Mark 10:17-22** (rich young ruler)

-life rhythms can include...

- **Vocation**
- **Marriage**
- **Family size and source**
- **Geography**
- **Standard of living**
- **Relationships**
- **Hobbies**
- **Time**

*-What you ultimately believe about Jesus determines how far you will follow Him and how much deference you will give to Him!*

## **Internal Resistance**

-Let's talk about the boardroom within you...

-(explain concept of having a "head of the table")

>post Jesus vow, Him sitting at the head of the table!

>your will there with Him...

-Some variation from person to person...but not much!

1. Personality
2. Food Pleasure
3. Sexual Pleasure
4. Character (all your virtues sharing a seat)
5. Ambition
6. Aspirations
7. Personal History
8. Inner Child

Thriving After Trauma: Stories of Living and Healing. "We grow up, we get bigger, and our brains become more logical, but that doesn't erase our thoughts, feelings, or memories from childhood."

## **External Resistance**

-Here are some key texts to help us look at this idea of external resistance.

**1. Numbers 15:37-41**

**2. Malachi 4:2-4**

**3. Matthew 14:36**

-**Matthew 9:18-22** (Luke's account mentions power leaving Him...)

*-What she believed about Jesus emboldened her to overcome societal AND religious norms!*

*-(the crowd was a living manifestation of norms...expectations!)*

## **Band**

**-What do you believe about Jesus...and do you trust Him enough to alter the rhythm of your life...your vocation, your geography, your relationships, your finances, your future, your time?**