

**Enter In Series
To His Rest, Part Three
10/12/24
Newport News**

Opening

*-This series is about our lives spelling **Jesus** to the world...which means God is going to ask you to “enter” into a different way of life, not just believing in Jesus but following His example.*

-(tell story of allergic reaction under eyes Thursday)

-You and I are allergic to a life that is lacking rest...we have an allergy to hurriedness, to busyness, to a life that is over-worked!

>What’s your recurring symptom of a lack of rest?

Introduction

-Matthew 20:17-28 (give recap of parable at the opening of 20)

- Work through text...
- Land on emphasis with “then”

Sabbath creates a “then” moment in your week, every week! A vital pause to reflect on the 7 days prior and the 7 days ahead but ALSO to teach us how to make room for “then” moments in our every day!

Rest...action!

-Karl Barth, “Let things take their course with particular freedom distinct from weekday practice to as much or as little as the day brings. The day should be free from compulsion...”

-8 Steps To Action!

- 1. Pray**
- 2. Invest**
- 3. Protect**
- 4. Flexibility**

5. **Family**
6. **Others**
7. **Grace**
8. **Rest** (church, good-Samaritan, food)

Rest...attitude!

-9 Questions (What if you were visiting churches...)

1. Worshipped other gods, actively participated in other religions.
2. Made idols in their garage, prayed to them, sold them, worshipped them.
3. Spoke with profanity, especially using God and Jesus as curse words.
4. Speak disrespectfully to their parents and speak of them publicly in derogatory ways.
5. Openly endorsed murder out of vengeance and anger as being appropriate.
6. Practiced an open marriage relationship with their spouse.
7. Dishonesty for personal gain is just a natural part of life.
8. Giving false testimony was okay because most people are guilty of something.
9. Envyng your neighbors possessions is a great way to motivate yourself to get more stuff.

-**Exodus 20:8-11** (Shabbat, Qadash, Nuach)

- Shabbat – To repose, that is, desist from exertion...cease, celebrate...leave, put away (down), (make to) rest, rid, still, take away.
- Qadash – To be clean (ceremonially or morally): - appoint, bid, consecrate, dedicate...hallow...holy...prepare, proclaim, purify, sanctify.
- Nuach – to rest, to be at rest, to settle down, to stay, to dwell...comfortable, convenient, easy going.

-Rest...author!

-Mark 2:27-29 (God created boundaries FOR us, not the other way!)

-Ephesians 2:8 (consequence of rejecting God's gifts)

Band

-John Ortberg, **"Dee Dah Day"** excerpt

Close