# Fasting Series Part One NN Campus 01/12/19

## **Opening**

- -Pastor David work anniversary...and Jemal birthday...
- -Christmas gift for Cherished...
- -Faith Promise coming on the 19th...next week...
- -will do part two Fasting next week...
- -Joint Service 1/26
- -Then final two sermons on the Holy Spirit first two weeks of February...
- -PRAY

#### Introduction

- -**Pathways**...(talk a little about our discipleship model)
- -met with someone just this week about how Praxis is changing their life in dramatic ways...don't force God to extremes to get your attention!!!
- -many different ways to fast...but a food based fast is especially effective!
- -Isaiah 58:6-8 (NKJV)
- -(read definition on screen)
- -Let's look at this verse through the insight and wisdom of **Doctor Elmer Towns**...who wrote the book Fasting For Spiritual Breakthrough.
- -10 Questions (fasting with the proper context)
  - Isaiah 58:3-5
  - Matthew 6:6-18 (reference)
  - Ten questions...

## **Humanity**

- -Romans 7:21-25
- -fasting is a critical part of us finding victory over our human nature!
- -Who we are today is the seed of what we will ultimately become!
- -**Leviticus 23:26-32** ("deny yourselves" includes a fast)
- -Now that I walk in the perpetual atonement of Christ, I should practice fasting so that I can appropriate all the power of Christ within me as I resist my humanity!
- -(read screen)

## **Circumstances**

- -1 Thessalonians 5:18 (reference)
- -Romans 5:3-5
- -Before summer, I hope to get into a series that talks about what I believe is God's design on this temporal world and our time here...a comparative experience, The Virology of Humanity...
- -Some suffering is for our good but some suffering must be resisted and in fasting you find the power to endure OR the discernment and strength to overcome!!!
- -Ezra 8:21-23
- -(read screen)

#### **Evil**

- -Michael Heiser (with disclaimer)
- -**Ephesians 6:10-12** 
  - Not everything that is evil is a presence
  - Much of our struggle is our Humanity
  - But Scripture clearly speaks to the presence of evil

- -the "breastplate" of righteousness **(read screen)**
- -2 Corinthians 5:21
- -2 Peter 1:5-7
- -fasting is essential for the building up of our righteousness which according to Paul and the Holy Spirit who inspired him...is essential in our fight against evil!

## **Purpose**

-somebody say, "I have a purpose."

## -Matthew 11:28-30

- -But there is more!
  - "phortion" (for-tee'-on) is a Greek word that is used for the cargo of a ship...
  - Acts 27:10 (reference)
- -(read the screen)
- -how is this connected to fasting?
- -When Jesus talked about being "yoked" He was using language common to them that referred to a Rabbi's interpretation of the Law...
- -Fasting as a Pathway like all others is the practical obedience to Jesus' 6 Commands... one of them being to Follow Jesus!
- -You cannot truly follow Him unless you are "yoked" to Him...and when you are "yoked" to Him, He will lead you to your purpose and calling!!!!

## Band

- -20/20 Vision in 2014...fall of 2015 Praxis 9...fall of 2015 miracle service...launch of SFK in January of 2016.
- -the quarters...asking you to join us in running after our dream of seeing a church, this church, be a place where harmony is created, not uniformity...churches need to stop working towards secular uniformity and understand and work towards Biblical unity!
- -"When diversity is celebrated, harmony is established, and unity is achieved." Chris House

## Close

-decide in moment...