

**Fasting Series
Part Two
NN Campus
01/19/19**

Opening

-Faith Promise...

-Joint Service 1/26

-Then final two sermons on the Holy Spirit first two weeks of February...

-PRAY

Introduction

-Isaiah 58:6-8 (NKJV)

-(read definition on screen)

-Let's look at this verse through the insight and wisdom of **Doctor Elmer Towns**...who wrote the book Fasting For Spiritual Breakthrough.

-(talk about body chemistry when fasting...)

Purpose

-When you yoke yourself to a purpose that you were not created to pursue, you carry a burden whose weight your life was not designed to withstand. If you don't know your purpose and calling...fast!

-Matthew 11:28-30

- "phortion" (for-tee'-on) is a Greek word that is used for the cargo of a ship...
- Acts 27:10

-how is this connected to fasting?

-When Jesus talked about being “yoked” He was using language common to them that referred to a Rabbi’s interpretation of the Law...

-Fasting as a Pathway like all others is the practical obedience to Jesus’ 6 Commands... one of them being to Follow Jesus!

-You cannot truly follow Him unless you are “yoked” to Him...and when you are “yoked” to Him, He will lead you to your purpose and calling!!!!

Benevolence

-When we are moved by the needs of others, faced with the opportunity to help, are in a position to feed someone hungry, care for someone who is lacking...fast!

-1 Kings 17:8-16

-When helping is within our means, we act because of Christian love and generosity. But sometimes the need is so great that the need far exceeds our means...fast!!!!

Insight

-When we are stupefied, mystified, in desperate need for revelation, at the limits of our intellectual capacity, our analytical skills failing, our problem solving abilities befuddled, perplexed, bemused, confused and dumbfounded...fast!

-Acts 9:7-9 (when your spiritual experience exceeds your understanding)

Healing

-When our bodies need supernatural intervention, when our diagnosis is bleak, our physical health is threatened, our path forward for well being is unclear, our vision for vitality is eclipsed...fast!

-Daniel 1:11-15 (supernatural physical benefit)

Witness

-When our witness needs to be more declarative, when our salt and light calling is flavorless and dim, our Kingdom influence seems to be waning, our evangelistic voice failing, our desire for reaching subsiding...fast!

-Luke 1:10-17 (forsaking something obvious to others)

Protection

-When we feel as though our physical or spiritual wellbeing is at risk, threatened, in jeopardy, in danger, terrorized, menaced, intimidated...fast!

-Esther 4:15-17

Band

-(show slide)

-“You may choose to look the other way but you can never say again that you did not know.”

“Accustom yourself to look first to the dreadful consequences of failure; then fix your eye on the glorious prize which is before you; and when your strength begins to fail, and your spirits are well nigh exhausted, let the animating view rekindle your resolution, and call forth in renewed vigor the fainting energies of your soul.”

— William Wilberforce (see film Amazing Grace)

Close

-decide in the moment...