

Your Personal Rule of Life

	Accountability Authentic vulnerability to people who are trustworthy & dedicated to keeping us in check in matters of our personal & public lives.	Reaching Reaching out to both the spiritually lost & the disillusioned follower of Christ to connect them with a local church family.	Rest honoring the Sabbath (24 hour period of physical rest) and practicing healthy life rhythms	Service Meeting the needs of others with my gifts, talents, and time	Generosity Giving liberally of my resources to help others.	Stewardship Being responsible in keeping, handling, and distributing the resources entrusted to me by God.
Daily/ Regularly						
Weekly						
Monthly						
Quarterly/ Seasonally						
Annually						

Adapted from *Crafting A Rule of Life*, Stephen A. Macchia

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	Scripture Study of the Bible with expectation of Holy Spirit inspired revelation.	Prayer Faith filled, fervent, continual, and heartfelt expressions of petitions & thanks to God.	Fasting Sacrificially giving up a life sustaining activity or pursuits of pleasure for a period of time.	Worship Expression of praise and adoration that glorifies God.	Relationships Genuine, vulnerable, meaningful friendships with people in the church family and the broader Christian community.	Gathering Gathering with the whole church family, creating a crowd in celebration of the eternal life we have now and forever.
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